



Name: Abigail Stewart

Age: 13

Nationality: UK

Cause: Discrimination

Charity: Stop Hate UK

People are discriminated against for many reasons, such as race, ethnicity, religion, gender, sexual orientation, disabilities, intelligence, and appearance. These are often traits they have no control over. Discrimination has existed for centuries, for example, religious discrimination has been around since 167 BC in Judea when paganism was enforced.

This is wrong! No-one should be treated like they are second rate, especially because of something they have no control over. There are consequences to this type of prejudice. A victim may feel worthless and like nobody cares. Dealing with injustice and bigotry on a daily basis could lead to self-hate and even self-harm.

Look at the facts:

- **Over 36% of UK adults say that they have been discriminated in the workplace.**
- **Every 1 in 10 people live with a disability, most will experience some sort of ableism during their lifetime.**
- **Women are actively harassed because of their style of religious dress in 33% of the world's countries.**
- **50% of the world saw a rise in the amount of religious discrimination.**

Stop Hate UK is a charity which supports the victims of discrimination of all kinds.

Case Studies

The following stories illustrate actual discrimination which has occurred in a variety of people's lives. They illustrate that not even fame can stop the cruelty seen on a daily basis.

Charlotte Brown

On the 23rd of October 2020 at 3.00 Charlotte was blue lighted to the hospital because she was having tics which caused her to stop breathing. Later that day she was sent back because no one understood what was wrong. Charlotte is a complicated case, with over nine chronic illnesses, one of which, FND, only 3 medical professionals in the world specialise in. Charlotte was made to feel like she was faking the seizures. Eventually, after many more admissions to hospital, she was referred to an FND specialist at St George's hospital. At last, she was taken seriously and received the care and help she needed. During the four years prior to her treatment, she was repeatedly jeered and stared at unkindly when her tics and seizures were at their worst.

Lillie Stewart

Lillie is a full-time university student and has endured six months of daily bullying from another student for being a Christian. She states, "The bullying began about my religion, but the man then began attacking my looks, size and family. I stopped eating and became very withdrawn. The bullying has made me rethink university".

Leigh-Anne Pinnock

Leigh-Anne Pinnock, from English band Little Mix, said in an interview, "My reality is all the times I felt invisible within my group." And that "In primary school, a boy wrote on a bit of paper, 'Name: Leigh-Anne. Age: Nine. Nationality: Jungle,' I saw it, and my heart just dropped. I knew it was racism. I was nine years old and I knew it was racism. I was just distraught by it."

Tom Cruise

Tom Cruise, a well-known actor, famous for portraying Iron Man, was bullied as a child because he moved so often and had dyslexia. He was also beaten by his father.

These are just a few stories of discrimination but there are children and adults, young and old, whose stories haven't been heard and they need help today!

Stop Hate UK has been fighting against discrimination for the past twenty-six years. Created just after the death of Stephen Laurence, Stop Hate UK runs Britain's only free 24-hour phonenumber to enable people to report hate crimes. Stop Hate UK has an ambitious mission statement:

- **To combat prejudice and Hate**
- **To support those affected**
- **To educate towards a Hate free society**

Their vision is even more so as they aim for 'a world which is free from hate, harassment, and discrimination'. (Stop Hate UK 2006)

In order to reach these goals, Stop Hate UK needs your help. Any money received will go directly to training and education; advocacy and support; raising awareness and campaigning. Please consider giving to this worthy charity. Somebody you know *will* one day be discriminated against. Let us all: **STOP HATE. START HERE.**

